



# **Animals Make Us Human: Creating the Best Life for Animals**

*Temple Grandin, Catherine Johnson*

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**Animals Make Us Human: Creating the Best Life for Animals** Temple Grandin, Catherine Johnson

The best-selling animal advocate Temple Grandin offers the most exciting exploration of how animals feel since *The Hidden Life of Dogs*.

In her groundbreaking and best-selling book *Animals in Translation*, Temple Grandin drew on her own experience with autism as well as her distinguished career as an animal scientist to deliver extraordinary insights into how animals think, act, and feel. Now she builds on those insights to show us how to give our animals the best and happiest life—on their terms, not ours.

It's usually easy to pinpoint the cause of physical pain in animals, but to know what is causing them emotional distress is much harder. Drawing on the latest research and her own work, Grandin identifies the core emotional needs of animals. Then she explains how to fulfill them for dogs and cats, horses, farm animals, and zoo animals. Whether it's how to make the healthiest environment for the dog you must leave alone most of the day, how to keep pigs from being bored, or how to know if the lion pacing in the zoo is miserable or just exercising, Grandin teaches us to challenge our assumptions about animal contentment and honor our bond with our fellow creatures.

*Animals Make Us Human* is the culmination of almost thirty years of research, experimentation, and experience.

This is essential reading for anyone who's ever owned, cared for, or simply cared about an animal.

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