



### Psychology Applied to Modern Life: Adjustment in the 21st Century, Personal Explorations Workbook

Wayne Weiten, Margaret A. Lloyd, Dana S Dunn, Elizabeth Yost Hammer

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Workbook Wayne Weiten, Margaret A. Lloyd, Dana S Dunn, Elizabeth Yost Hammer
Contains experiential exercises, questionnaires, and personality tests that allow students to better understand themselves and their attitudes toward a variety of subjects.



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