



**The Life You've Always Wanted Participant's
Guide with DVD: Six Sessions on Spiritual
Disciplines for Ordinary People
(Zondervangroupware Small Group Edition)**

John Ortberg

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In the six-session small group Bible study, *The Life You've Always Wanted*, John Ortberg guides you and your group through the spiritual disciplines and teaches you how they can transform your spiritual life.

What does true spiritual life really look like? And what keeps you from living it? And what can you do to pursue it?

If you're tired of the status quo – if you suspect there's more to Christianity than what you've experienced – John Ortberg invites you to join him on a road to transformation and spiritual vigor that anyone can take.

Cultivate new intimacy and confidence in prayer. Discover the freedom of secrecy. Taste the benefits of slowing life's frenetic pace. Learn how to be guided by the Holy Spirit...and much more.

As in a marathon, the secret lied not in trying hard, but in training consistently. Proven by followers of Jesus over the centuries, the spiritual disciplines are exercises that strengthen your endurance race on the road to growth.

This pack contains one softcover Participant Guide and one DVD with six video sessions. When used together, they provide you with a practical tool that can grow your faith.

Sessions include:

1. It's Morphing Time
2. Slowing Down and Celebrating
3. Praying and Confessing
4. Meditating on Scripture and Seeking Guidance
5. Practicing Servanthood, Finding Freedom
6. Going the Distance with a Well-Ordered Heart

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Emily Ferrell:

Spent a free the perfect time to be fun activity to try and do! A lot of people spent their leisure time with their family, or all their friends. Usually they carrying out activity like watching television, about to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your free time/ holiday? Might be reading a book may be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to try out look for book, may be the guide untitled The Life You've Always Wanted Participant's Guide with DVD: Six Sessions on Spiritual Disciplines for Ordinary People (Zondervangroupware Small Group Edition) can be very good book to read. May be it is usually best activity to you.

Hoyt Knapp:

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