



# **The Soul Scale/ Anatomy of the Soul (My 22 Parts of the Soul)**

*Tony Kelbrat*

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Your soul is your essence as a human being. When you were conceived, if you believe in God, He shot a bolt of lightning into you that made you unique and original.

He endowed you with gifts, talents and weaknesses that made you who you are or at least who you are supposed to be if you're smart enough to escape the brainwash of the world.

If we were created by Nature, the outcome is still the same. I'm no different than the cat I play with every night. I watch him to observe him being himself, following his true nature. He is me in a different form, a living being following his true nature but this is where most of humanity gets off the boat – they don't follow their true natures.

Leonardo Da Vinci said vitality and beauty are gifts of nature for those who live according to its laws and he was right. The only true purpose of life is to follow your true nature. All the wise, enlightened people who have ever lived live by this rule.

I was a certain essence ever since I had first awareness. I think back and realize the person I am now is the exact same essence I was at four and five years old and will die with this essence intact because I know what it is and I live to honor it day by day.

As I write this piece, it's shortly after Christmas and I hear the ads blasted over the radio and on TV telling people to go out and buy stuff at the post-Christmas sales while I'm thinking to myself they just don't get it.

Happiness and wholeness come from who you are and what you do to release inspired, sensual and loving energy day by day. It's not about buying crap at the mall then feeling like a good clone when you watch football games or soap operas on TV. That's Big Brother.

He exists. It's this insidious force in the media. They have taken us over not by force but by seduction. How many people are left who live for the originality and inspiration in their souls versus all the clones who like to think they're free and enlightened because the voices on the box tell them it's cool to think this way even if you're massively brainwashed?

I use what I want from the modern, western world but at the same time I minimize contact with its frivolous, meaningless parts of which there are many. I try to stay as pure as I can, true to my essence which is my soul. I don't let all that stuff out there pollute me.

That's why I wrote this book. I see myself as a free, enlightened person who blatantly says that capitalist values and pop culture entertainment are bad because they pollute our souls and prevent us from living basic noble lives true to ourselves.

It's a massive marketing machine. I'm one little voice trying to speak some truth but I won't lose much sleep over the dismal state of the world. I create a paradise for myself as much as I can to the best of my ability

and live as great a life as I can for me.

For your sake, I hope you read this book and abide by it to some extent in order to not lose yourself to the brainwash of the world and live the life you should live via the soul that was shot into your being when you were born.

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