



# Living into the Answers: A Workbook for Personal Spiritual Discernment

*Valerie K. Isenhower, Judith A. Todd*

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Face life's forks in the road and write your own future fearlessly. Be guided to your own wisdom within the context of the always-present divine voice. LIVING INTO THE ANSWERS teaches a way to ask for and receive God's guidance as you approach an issue or choice.

Discernment isn't magic. It isn't passive. Discernment isn't a complicated mystical practice. Rather, it's a process of listening and choosing based on the understanding that God is to be at the center of decision making. The authors explain how to live in a way that satisfies the yearning for a deeper connection with the spiritual.

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