



A 15-minute Summary & Analysis of Marie Kondo's The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing

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PLEASE NOTE: This is a summary and analysis of the book and NOT the original book.

The Life-Changing Magic of Tidying Up by Marie Kondo - A 15-minute Summary & Analysis

Inside this Instaread:

- Summary of entire book
- Introduction to the important people in the book
- Analysis of the themes, important people and author style

Preview of this Instaread:

Summary:

Marie Kondo is a Japanese consultant specializing in tidying. In *The Life-Changing Magic of Tidying Up*, Kondo shares her simple method of tidying along with a wealth of insights into clutter, including what causes it and what types exist. Kondo also shares her own personal history and how that history led her to develop and refine her tidying method, referred to throughout the book as the KonMari Method. People are not formally taught how to tidy, and many have difficulty learning as adults, resulting in homes that are cluttered. The KonMari Method substitutes for the class on tidying never offered at school that many could have benefited from. Tidying has benefits that go beyond the pleasure a person takes in an ordered household. In fact, tidying can be life-changing as it gives a person skills that are transferrable to other life realms, such as occupation and relationships. The connection between ...

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