

Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood Through Adulthood

Edward M. Hallowell, John J. Ratey

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Through vivid stories of the experiences of their patients (both adults and children), Drs. Hallowell and Ratey show the varied forms ADD takes -- from the hyperactive search for high stimulation to the floating inattention of daydreaming -- and the transforming impact of precise diagnosis and treatment.



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