



# Naked Spirituality: A Life with God in 12 Simple Words

*Brian D. McLaren*

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“Brian McLaren is a bridge builder. In these simple yet profound spiritual practices he perfectly marries his evangelical heart and contemplative soul, and we are all richer for the union.” —Cynthia Bourgeault, author of *Centering Prayer* and *The Wisdom Jesus*

In the same way he revitalized our faith in *A New Kind of Christianity*, church leader Brian McLaren reinvigorates our approach to spiritual fulfillment in *Naked Spirituality*—by tearing down the old dogmatic practices that hamper our spiritual growth, and leading us toward the meaningful spiritual practices that can help transform our lives.

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