



# Routledge Handbook of Sport Expertise (Routledge International Handbooks)

*Joseph Baker, Damian Farrow*

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Understanding and developing expertise is an important concern for any researcher or practitioner working in elite or high performance sport. Whether it's identifying talented young athletes or developing methods for integrating cutting-edge sport science into daily coaching practice, scientists, coaches and researchers all need to understand the skills, characteristics, and knowledge that distinguish the expert performer in sport.

The *Routledge Handbook of Sport Expertise* is the first book to offer a comprehensive overview of current research and practice in the emerging field of sports expertise. Adopting a multi-disciplinary, multi-faceted approach, the book offers in-depth discussion of methodological and philosophical issues in sport expertise, as well as the characteristics that describe sporting 'experts' and how they can be facilitated and developed. Exploring research, theory and practice, the book also examines how scientists and practitioners can work together to improve the delivery of applied sport science.

With contributions from many of the world's leading researchers in expertise and skill acquisition in sport, the *Routledge Handbook of Sport Expertise* is important reading for any advanced student, researcher, coach or sport science support officer looking to better understand this cutting-edge topic.

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