



# The Book of Qualities

*J. Ruth Gendler*

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# The Book of Qualities

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## **The Book of Qualities** J. Ruth Gendler

From Beauty to Compassion, from Pleasure to Terror, from Resignation to Joy -- here is an insightful exploration of the rich diversity of human qualities. J. Ruth Gendler's evocative book has as its cast of familiar characters our own emotions, brought to life with a poet's wisdom and an artist's perceptive eye. In *The Book of Qualities'* magical community, Excitement wears orange socks, Faith lives in the same apartment building as Doubt, and Worry makes lists of everything that could go wrong while she is waiting for the train. In portraying the complexities of the psyche, Gendler uses the Qualities to bridge the distinctions between literature and psychology, and has created an original work that challenges us to look at our emotions in new and inspiring ways.

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