



The natural method of healing Volume 1; a new and complete guide to health

Friedrich Eduard Bilz

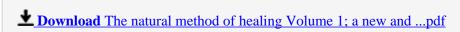
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The natural method of healing Volume 1; a new and complete guide to health Friedrich Eduard Bilz This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1898 Excerpt: ...above it. The physiological effect of the tongue bone grip is that first the epiglottis, which closes the windpipe, is raised, and air is so admitted to the lungs instead of its being swallowed, as is generally the consequence of an inclination to vomit. Next, the grip causes the nervus vagus (pneumogastric nerve)--which is connected with the lungs, liver, heart, and stomach--to be stretched, and the metamorphosing effect on a suffering nerve which such a stretching can exert has already been spoken of. We come now to the point of answering the question in what cases the tongue bone grip is to be employed. It should be borne in mind that vomiting is in many cases a natural curative effect of the system to rid itself of matter either injurious or excessive in quantity. If, therefore a professional man is called in to assist a patient who has overloaded his stomach with food or drink, and who feels an inclination to vomit, it would be directly opposed to nature and reason if the former were to resort to the tongue bone grip in order to get rid of that salutary inclination on the part of the latter. On the contrary, the only "grip" which would here be appropriate would be the insertion of his fingers into the throat of the patient in order to encourage the tendency to vomit, and so to bring about the desired relief as speedily as possible. The same process is of course in order when noxious matter, unsound food, poison or the like has been introduced into the system. There are, however, a Tongue bone grip. great number of cases in which the tongue bone grip is called for. Generally speaking it will be right to apply it in all cases where the retching, or disposition to vomit, proceeds from a nervous cause. Hysterical retching, for instance, offers a ...



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