



Family Therapy: Concepts, Process and Practice (Wiley Series in Clinical Psychology)

Alan Carr

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This is a unique text that brings together theory, research evidence and clinical treatment of major problems in family life. It offers a critical evaluation of the major schools of family therapy, an integrative model for the practice of marital and family therapy, and examples of how this model may be used with a range of common child-focused and adult-focused problems. Findings from research on the effectiveness of family therapy are reviewed and the implications of these for evidence-based practice are outlined. Features chapter plans at the start of chapters and a summary of key points at the end Presents case examples throughout the text Provides suggestions for further reading in each chapter, plus a glossary of new terms in theoretical chapters Includes a section on resources for professionals training in family therapy

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