

## Chicken and Noodle Games:141 Fun Activities w/Innovative Equipmnt

John Byl, Herwig Baldauf, Pat Doyle, Andy Raithby



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Chicken and Noodle Games: 141 Fun Activities With Innovative Equipment will help you

-offer a variety of games that will keep everyone participating,

-provide inclusive and nontraditional games in which no player starts with an advantage,

-adapt games to various settings and occasions, and

-increase players' physical activity.

Take this book, add rubber chickens, pool noodles, tennis balls, sponges, and bolts, sprinkle in kids, and what do you get? A recipe for pure, unadulterated—and wacky—fun!

Written by game masters John Byl, Herwig Baldauf, Pat Doyle, and Andy Raithby; *Chicken and Noodle Games: 141 Fun Activities With Innovative Equipment* is your ticket to promoting fun and active participation for all involved. The games use easy-to-find equipment in nontraditional ways—which means no player will start with an advantage. In addition, the equipment is inexpensive and allows you to provide a diverse selection of innovative games for very little money. The unusual equipment will capture participants' interests, and the fun games in this book will keep them coming back for more. And some games call for no equipment at all.

The games require little organization and provide great opportunities to include children of all ages and abilities. The activities present fun motivators for increasing physical activity, and they help release tension and excessive energy, assist with personal self-control, and encourage social growth. They also

-enhance perceptual motor development;

-assist with focus, attention span, concentration, and perseverance;

-develop the thinking process; and

-enhance physical fitness and physical abilities.

The games are divided into seven categories: games using rubber chickens, foam pool noodles, and tennis balls; games of tag and rock, paper, scissors; games with equipment bought at dollar stores; and games with equipment bought at hardware stores. Games are laid out for you to quickly grasp the game play and facilitate the game with a minimum of preparation time. Each game includes an objective, the number of players and type of equipment needed, setup, and rules. Many games come with variations to make them more suitable for your group—and the authors encourage adults and children to come up with their own variations as well.

*Chicken and Noodle Games* will satisfy your appetite for new, different, and definitely fun games using ordinary and unusual equipment in extraordinary ways. In doing so, it offers oodles of choices for kids of all abilities to have fun while increasing their physical activity. When they take part in these games, kids are actively engaged and developing both physically and mentally. But if you ask them about it, they'll just say they're having *fun*.

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