



## **Occupational Therapy & Mental Health: Principles, Skills & Practice**

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# Occupational Therapy & Mental Health: Principles, Skills & Practice

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The aim of this book is to communicate to students and professionals the potential of occupational therapy, and to give them a clear picture of the scope of the profession. By providing an introduction to the history of the profession, and the philosophy and theory on which it is founded, followed by an account of key client groups and clinical skills in the area of mental health, the editor hopes to give a firm grounding to students entering the profession. The first four parts of the book pertain to occupational therapy as a whole and are not specifically related to mental health. Parts five to seven of the book cover clinical and managerial aspects of practice, specifically within the context of mental health.

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