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This is not only a book about Tantric practices, but also about how you can use them to create a life-long, loving relationship. Because Pala and Al's emphasis is on Tantra in relationships, both beginners and skilled Tantric practitioners will find value here.

Through the authors' mix of ancient Eastern sexual practices and modern Western approaches to communication and intimacy, you and your partner will learn to connect in ways that are respectful, nourishing, and lusty.

Pala and Al offer their relationship as a model for a successful, long-term relationship in which to be happy, fulfilled, and spiritually awakened. *Soul Sex* includes thought-provoking discussions, personal anecdotes, and precise but simple techniques to inspire you to apply to your daily life. The observations and exercises included are drawn from the authors' own heady partnership and from the hundreds of couples they have had the privilege to teach at their Tantra sacred sex workshops.

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From reader reviews:

Connie Cornish:

Spent a free time and energy to be fun activity to try and do! A lot of people spent their free time with their family, or their particular friends. Usually they accomplishing activity like watching television, about to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? May be reading a book might be option to fill your totally free time/ holiday. The first thing you will ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the reserve untitled Soul Sex can be very good book to read. May be it could be best activity to you.

Cody Smith:

Playing with family in the park, coming to see the sea world or hanging out with pals is thing that usually you might have done when you have spare time, after that why you don't try point that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Soul Sex, you are able to enjoy both. It is very good combination right, you still need to miss it? What kind of hang type is it? Oh seriously its mind hangout people. What? Still don't get it, oh come on its called reading friends.

Jamie Treat:

A lot of publication has printed but it takes a different approach. You can get it by world wide web on social media. You can choose the very best book for you, science, amusing, novel, or whatever by means of searching from it. It is called of book Soul Sex. You'll be able to your knowledge by it. Without leaving behind the printed book, it can add your knowledge and make a person happier to read. It is most crucial that, you must aware about publication. It can bring you from one spot to other place.

Natalia Burton:

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