



The Alzheimer's Action Plan: What You Need to Know--and What You Can Do--about Memory Problems, from Prevention to Early Intervention and Care

P. Murali Doraiswamy, Lisa P. Gwyther, Tina Adler

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What would you do if your mother was having memory problems?

Five million Americans have Alzheimer's disease, with a new diagnosis being made every seventy-two seconds, with millions more at risk. Although experts agree that early diagnosis and treatment are essential, families don't know where to turn for authoritative, state-of-the-art advice and answers to all of their questions.

Now, combining the insights of a world-class physician and an award-winning social worker, this groundbreaking book tells you everything you need to know, including:

The best tests to determine if this is?or is not?Alzheimer's disease

The most (and least) effective medical treatments

Coping with the effects

Gaining access to the latest clinical trials

Understanding the future of Alzheimer's

Clear, compassionate, and empowering, *The Alzheimer's Action Plan* is a must-read.

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