



# **Penny Pinching Mama: 500 Ways I Lived On \$500 A Month**

*Jill Cooper*

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What do you do when your Walmart list is bigger than your wallet?

Do you find it difficult making ends meet?

Are you feeling overwhelmed deciding whether to buy your kids shoes or pay the water bill?

Do you feel the pressure to spend, spend, spend -- even if you don't have it?

You are not alone!

As a single mother of two, best selling author Jill Cooper started her own business without any capital and paid off \$35,000 debt in 5 years on \$1,000 a month income.

Then she raised two teenagers alone on \$500 a month income after becoming disabled with Chronic Fatigue Syndrome. Now she is one of the best known money saving moms on the Internet.

In her book Penny Pinching Mama, she shares how she did it! This book is filled with practical, everyday hints and strategies that Jill used to make the most out of every dollar. If you think you don't have enough money, you need to read this book!

Jill's words of practical advice and encouragement have had a profound effect on the ATTITUDE that thousands of her readers had when they hit hard financial times, regardless of whether the hard times result from job loss, divorce or something else.

Jill's tips and suggestions will inspire you and help you to cut your expenses and help you get out of debt.

You will learn:

- How to get out of debt – even with a low income!
- How to handle emergencies without using credit cards
- How to find great deals month after month
- How living with teenagers doesn't have to break the budget

Jill's stories provide just the inspiration you need to lift your spirits and to help you cut through the confusion. Whether you need specific examples to use in your life or just a shot of inspiration from a kindred spirit, you'll find it in Penny Pinching Mama!

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