



# **Soul Mind Body Medicine: A Complete Soul Healing System for Optimum Health and Vitality**

*Dr. Zhi Gang Sha*

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# Soul Mind Body Medicine: A Complete Soul Healing System for Optimum Health and Vitality

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*Soul Mind Body Medicine* is a revolutionary new book that puts breakthrough healing science at your fingertips. It moves beyond the familiar concept of “mind over matter” to the new frontier in health and healing for the 21st century: “soul over matter.” This book teaches a truth so simple and yet so very profound: THE SOUL CAN HEAL. It explains how to tap into the soul’s limitless powers of unconditional love and forgiveness for healing and manifestation.

*Soul Mind Body Medicine* combines Western wisdom with ancient Chinese healing secrets and powerful new techniques for energy and spiritual healing. It includes 150 photographs that illustrate healing strategies for more than 100 ailments, from the common cold and back pain to heart disease and diabetes. Also included are step-by-step protocols for weight loss, cancer recovery, a wellness regime, and much more. Says best-selling author Zhi Gang Sha: "Heal the soul first; then the healing of the mind and body will follow."

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