



# Step-by-Step Massage Therapy Protocols for Common Conditions (LWW Massage Therapy and Bodywork Educational Series)

*Charlotte Michael Versagi LMT NCTMB*

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## **Step-by-Step Massage Therapy Protocols for Common Conditions (LWW Massage Therapy and Bodywork Educational Series) Charlotte Michael Versagi LMT NCTMB**

*Discover how to use your knowledge of massage to support clients with specific medical conditions!*

Step-by-Step Massage Therapy Protocols for Common Conditions is intended to give massage therapy students and practitioners the knowledge and confidence to work safely with clients who have medical conditions. Relying on her many years of massage experience, Charlotte Michael Versagi outlines the skills needed to assess wisely, think critically, and use techniques already learned and practiced in massage school to work with these clients. The text provides practical, thorough protocols to help therapists support their clients while steering them away from doing any harm.

This text prepares the student in a massage program, or the therapist already practicing, to become an effective member of a client's healthcare team. The book is designed so that the therapist can quickly understand the basics of the condition, the most common strategies for medical treatment, and how to relieve pain and help the client deal with the condition.

The book's easy-to-navigate organization helps create an effective learning experience, presenting the foundation for protocols in chapters 1-5, and then turning to specific conditions (arranged alphabetically) in chapters 6-44. Each condition chapter presents a comprehensive yet succinct explanation of the condition—what causes it, how it develops, how it is treated, and how the massage therapist can assess the condition's effect on the client. The central feature of each of these chapters is the Massage Therapy Protocol, which presents in tabular form a suggested protocol for supporting healing with massage therapy.

*Special Features Help You Successfully Implement the Massage Protocols—*

- *Pathophysiology helps readers understand the nature and progression of the medical condition.*
- *Thinking It Through offers a set of questions for the massage therapist to consider before working with the client.*
- *Massage Therapy Assessment guides therapists in evaluating a client's condition for the purpose of designing and implementing an effective massage therapy program.*
- *Therapeutic Goals help readers determine what is—and is not—a goal of massage therapy when working with a client who has a medical condition.*
- *Contraindications and Cautions alert readers when particular massage techniques may be harmful or medical intervention may be necessary.*
- *Review Questions assess understanding of the medical condition and its treatment.*

*Bonus Online Resources!*

*The companion website located on thePoint offers a fully searchable online version of the book as well as a sample client homework sheet, sample SOAP notes, and Dermatome map.*

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**From reader reviews:**

**Conrad Degregorio:**

The e-book untitled Step-by-Step Massage Therapy Protocols for Common Conditions (LWW Massage Therapy and Bodywork Educational Series) is the publication that recommended to you you just read. You can see the quality of the e-book content that will be shown to you actually. The language that publisher use to explained their way of doing something is easily to understand. The author was did a lot of research when write the book, so the information that they share to you is absolutely accurate. You also can get the e-book of Step-by-Step Massage Therapy Protocols for Common Conditions (LWW Massage Therapy and Bodywork Educational Series) from the publisher to make you considerably more enjoy free time.

**Shirley Cochran:**

A lot of people always spent their free time to vacation or even go to the outside with them family members or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, or perhaps playing video games all day long. In order to try to find a new activity honestly, that is look different you can read a book. It is really fun for you. If you enjoy the book which you read you can spent the entire day to reading a e-book. The book Step-by-Step Massage Therapy Protocols for Common Conditions (LWW Massage Therapy and Bodywork Educational Series) it doesn't matter what good to read. There are a lot of people that recommended this book. They were enjoying reading this book. If you did not have enough space to deliver this book you can buy often the e-book. You can m0ore easily to read this book from the smart phone. The price is not too expensive but this book offers high quality.

**Brenda Lewis:**

The book untitled Step-by-Step Massage Therapy Protocols for Common Conditions (LWW Massage Therapy and Bodywork Educational Series) contain a lot of information on the idea. The writer explains the girl idea with easy way. The language is very clear and understandable all the people, so do definitely not worry, you can easy to read this. The book was published by famous author. The author gives you in the new time of literary works. It is possible to read this book because you can read more your smart phone, or model, so you can read the book inside anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site along with order it. Have a nice learn.

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