



Taking Charge of ADHD: The Complete, Authoritative Guide for Parents (Revised Edition)

Russell A. Barkley

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A treasured parent resource since its publication, *Taking Charge of ADHD* provides authoritative information on ADHD and its treatment. From internationally renowned ADHD expert Russell A. Barkley, the book empowers parents by arming them with the knowledge, expert guidance, and confidence they need. Included are:

- *A step-by-step plan for behavior management that has helped thousands of children.
- *Current information on medications, including coverage of Strattera and extended-release stimulants.
- *Strategies that help children succeed at school and in social situations.
- *Advances in research on the causes of ADHD.
- *Practical advice on managing stress and keeping peace in the family.
- *Descriptions of books, organizations, and Internet resources that families can trust.

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Connie Sims:

Taking Charge of ADHD: The Complete, Authoritative Guide for Parents (Revised Edition) can be one of your beginner books that are good idea. All of us recommend that straight away because this reserve has good vocabulary that will increase your knowledge in vocabulary, easy to understand, bit entertaining but delivering the information. The article author giving his/her effort that will put every word into enjoyment arrangement in writing Taking Charge of ADHD: The Complete, Authoritative Guide for Parents (Revised Edition) although doesn't forget the main point, giving the reader the hottest and also based confirm resource facts that maybe you can be certainly one of it. This great information may drawn you into brand-new stage of crucial considering.

Michael Madden:

Are you kind of active person, only have 10 or 15 minute in your moment to upgrading your mind skill or thinking skill even analytical thinking? Then you are receiving problem with the book compared to can satisfy your limited time to read it because this time you only find guide that need more time to be study. Taking Charge of ADHD: The Complete, Authoritative Guide for Parents (Revised Edition) can be your answer as it can be read by an individual who have those short extra time problems.

Keith Devine:

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David Barnett:

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